Student Engagement in Physical Education

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What types of feedback and motivational strategies increases student engagement in PE?
• We researched and read several articles

• Reflected on our practicum experiences

• Recalled strategies from our Physical Education methods class with George Kelly

The Process
• Two of the key elements needed to increase student learning, motivation and engagement in a PE class includes: enthusiasm and proper feedback

• Students are said to either unconsciously or consciously model the attitude of the teacher

• The more enthusiastic a teacher is towards their subject area, the more a student will be willing to buy in and engage in that subject

Key Findings
• Vary your speaking voice
• Body Language
• Facial Expressions
• Encouragement
• Eyes should show excitement

Enthusiastic Teaching Behaviours
Factors that allow positive student/teacher relationship

- Being supportive & encouraging
- Showing care
- Being fair & respectful
- Providing a safe environment
- Use of humour
- Creating opportunities for every student to be successful. Activities should gradually become more difficult.

- Encouraging a mastery climate: focus should be on personal improvement to master a skill rather than outperforming others. Have students set goals and try to meet them.

- Use a variety of fun activities that require students to practice the skills that are taught.

- Providing choices—different stations, or competitive/non-competitive games.

- Music can increase students' mood/motivation.

**Other motivational Strategies**
• The other vital component to increase student engagement and learning in PE is feedback

• There are two types of feedback: descriptive and prescriptive

• Descriptive feedback is general feedback. Example: good job, nice shot, excellent!

• Prescriptive feedback is specific feedback. Example: turn sideways, head up, follow through, bend your knees

Feedback
• Prescriptive feedback is the type of feedback that students need. You can use a combination: Good, but follow through

• Feedback should always be positive and specific

• Call students by their name
• Enthusiasm & Feedback: A winning combination

• Creating a motivational climate to foster engagement in physical education

• Motivational Effects of Interest on Student Engagement and Learning in Physical Education: A Review-P. R. Subramaniam


Resources